

National Sports Day 2026

Jaypee Public School, Noida celebrated *National Sports Day 2026* with great enthusiasm under the inspiring theme *"Let Them Play, Let Them Grow, Let Them Shine."*

The celebrations began with a rejuvenating *Y-Break Yoga Session* conducted in classrooms, where students performed simple yoga asanas, stretches and breathing exercises to energize their minds and bodies.

This was followed by an inspiring story session on the life and legacy of legendary hockey player *Major Dhyan Chand*, highlighting the timeless values of discipline, dedication, humility, perseverance and sportsmanship.

The spirit of fitness continued on the Sports Ground with a lively Whole-School Fitness Challenge and National Sports Day Pledge, uniting students and staff in a commitment to a healthy and active lifestyle.

The highlight of the day was the thrilling *House-wise Tug of War Competition*, which witnessed spirited participation and electrifying cheers from all four Houses. Students displayed remarkable strength, teamwork, determination and true sportsmanship.

Principal Ms. Anjali Malik extended her warm wishes to the entire school community and encouraged all stakeholders to make sports and physical activity an integral part of daily life. Headmistress Mrs. Sudha Singh emphasized that sports build discipline, confidence, resilience, leadership and teamwork.

The celebration concluded with a powerful message for every young learner - -*"Keep Playing. Keep Growing. Keep the Game Alive."*